

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



	<h1>March 2019</h1>						
<p>10:15 Daily Chronicles 3 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Calvary Baptist Church 2:30 Religious Service with Fred and Ivan</p>	<p>10:15 Daily Chronicles 4 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Kick Ball 2:30 Happy Hour with Liz Walker 4:00 Black Jack for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 5 10:30 Exercise with Tierra 11:30 Sunshine Club 1:00 Manicures 2:30 Mardi-Gras Fun 3:30 Bingo for bucks 6:00 Movie Hour</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>10:15 Daily Chronicles 6 10:30 Ash Wednesday Ceremony By Red Oak Hospice 12:00 Sunshine Club 1:15 Who Am I 2:30 Beer N Wings 3:30 Black Jack for bucks 6:30 Ice Cream Room Visits</p> <p style="text-align: center;"><small>Ash Wednesday</small></p>	<p>10:15 Daily Chronicles 7 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Charades 2:30 Craft Club: Pot of Gold 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 8 10:30 Exploring the Bible 11:30 Sunshine Club 1:15 Pat's Bible Study 2:30 Activity Meeting with Ruth 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 9 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Relay Race 2:30 Corn Hole</p>	
<p>10:15 Daily Chronicles 10 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Kick Ball 2:30 Holy Temple</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>10:15 Daily Chronicles 11 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Baseball 2:30 Happy Hour with Paul Gargiulo 4:00 Black Jack for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 12 10:30 Arm Chair Fitness 11:30 Sunshine Club 1:00 Manicures 2:30 Resident Council 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 13 10:30 Morning Coffee 11:30 Sunshine Club 1:15 Frisbee Toss 2:30 Beer N Wings 3:30 Black Jack 6:30 Ice Cream Room Visits</p>	<p>10:15 Daily Chronicles 14 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Octaband Ball 2:30 Craft Club: Painting & Planting flower seeds 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 15 10:30 Exploring the Bible 11:30 Sunshine Club 1:15 Studying the Bible with Nancy 2:30 Cooking Club: Shamrock Smoothies 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 16 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Horse Shoes 2:30 Church services with Path of Life Church</p>	
<p>10:15 Daily Chronicles 17 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Bowling 2:30 Religious Services with Fred and Ivan</p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>	<p>10:15 Daily Chronicles 18 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Basketball 2:30 Happy Hour with Paul Gargiulo 4:00 Black Jack for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 19 10:30 Chair Dancing Exercises 11:30 Sunshine Club 1:00 Manicures 2:30 Food Committee 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 20 10:30 Morning Coffee 11:30 Sunshine Club 1:15 Horse Shoes 2:30 Beer N Wings 3:30 Black Jack for bucks 6:30 Ice Cream Room Visits 10:45-1Pm Walmart Trip</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>10:15 Daily Chronicles 21 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Jeopardy 2:30 Craft Club: Painting & Planting Flowers Continued 3:30 Bingo for bucks 6:00 Movie Hour</p> <p style="text-align: center;"><small>Purim</small></p>	<p>10:00 Communion in Staff Ed Rm 22 10:15 Daily Chronicles 10:30 Exploring the Bible 11:30 Sunshine Club 1:15 Pat's Bible Study 2:30 Cooking Club: Grill Cheese 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 23 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Toss N Talk Ball 2:30 Frisbee Toss</p>	
<p>10:15 Daily Chronicles 24 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Uno 2:30 Religious service with Community of Friends</p>	<p>10:00 Catholic Mass 25 10:15 Daily Chronicles 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Football 2:30 Happy Hour with Tom Tolany 4:00 Black Jack for bucks 6:00 Movie Hour</p>	<p>10:00 Mass in Staff Ed Rm 26 10:15 Daily Chronicles 10:30 Stretch and Strengthen with Xavia 11:30 Sunshine Club 1:00 Manicures 2:30 Let's Make a Deal 3:30 Bingo for bucks</p>	<p>10:15 Daily Chronicles 27 10:30 Bereavement Ceremony By Red Oak Hospice 12:00 Sunshine Club 1:15 Hungry Hippo 2:30 Beer N Wings 3:30 Black Jack for bucks 6:30 Ice Cream Room Visits</p>	<p>10:15 Daily Chronicles 28 10:30 Morning Coffee and snacks 11:30 Sunshine Club 1:15 Kick ball 2:30 Resident Birthday Party 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 29 10:30 Exploring the Bible 11:30 Sunshine Club 1:15 Studying the Bible with Nancy 2:30 Cooking Club: S'mores 3:30 Bingo for bucks 6:00 Movie Hour</p>	<p>10:15 Daily Chronicles 30 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Basket Ball 2:30 Resident Pick</p>	
<p>10:15 Daily Chronicles 31 10:30 Morning Coffee and snacks 11:30 News Hour 1:15 Corn Hole 2:30 Religious Service with Fred and Ivan</p>	 <h2 style="font-size: 2em; margin: 0;">SOUTHGATE HEALTH CARE CENTER</h2> <p style="font-size: 1.2em; margin: 0;">Ash Wednesday is March 6th St. Patrick's Day is March 17th</p> <p style="font-size: 1.2em; margin: 0;">Spring Begins March 20th</p> 						

Activities subject to change without notice

To sign up for trips see Ruth in Activities

Sunshine Club held every day at 11:30a.m.